

Stearns

Nursing and Rehabilitation Center, LLC

StearnsRehabCenter.com

3900 Stearns Ave • Granite City, IL 62040 • (618) 931-3900

Our Leadership Team

Christy Warcup Executive Director
Lori Bland Director of Nursing
Angela Walker Director of Admissions
Catherine Groff Business Office Manager
Alexis Lawrence Social Services
Dontelisia Moore Activity Director
Jakki Bryant Dietary Manager
Monique Manning Housekeeping/Laundry
Felipe Levy Maintenance Director
Kerri Karlas Director of Rehab

We Had a Wonderful Veterans Day at Stearns Celebrating Our Vets and All Those Who Served!



December 2022



CELEBRATING OUR VETERANS!





Pretty Poinsettias

With vivid red blooms and a festive appearance, the poinsettia is a popular plant during December. Native to Mexico and Central America, poinsettias were introduced to the United States by Joel Roberts Poinsett, a botanist, physician and the first U.S. ambassador to Mexico. The plant is named after him.

The poinsettia is a perennial flowering shrub that grows wild in both tropical and dry forests. In their native habitat, they can grow to be more than 10 feet tall. The colored petals that resemble a flower are actually modified upper leaves called bracts. The poinsettia's true flower is its tiny yellow center.

The Aztecs used poinsettia bracts to make a reddish purple dye for fabrics. They also used the sap from the leaves to control fevers.

The poinsettia is the bestselling potted plant in the U.S. and Canada. Red remains the most popular color of poinsettias, but there are more than 100 varieties, including pink, white, yellow, purple and multicolored versions.



**We Had a Lovely Potluck
at Stearns for Our
Employees Celebrating
Thanksgiving! Lots of
Good Cooks on
Our Team!**



Celebrating Christmas!

We will be having our Resident Christmas Party at 2pm on Thursday, December 22nd. Families are welcome to come join in the fun. ALL residents will have a Christmas present to open, and our choir will be performing some Christmas Carols. Christmas sweets and refreshments will be served. See you there!



ANGEL TREE

All residents deserve a gift for Christmas! We will be doing an "Angel Tree" this year at Stearns! There will be a tree in the sitting area of the facility with Angels hanging on the branches. The Angels will have a resident's name and on the back, a few items that they may wish for at Christmas. We encourage all staff and visitors to take an Angel or two and make our residents' Christmas wishes come true! All items should be wrapped or bagged and returned to the facility by Tuesday, December 20th! A couple of reminders: Please make sure that if you take an Angel, that you do buy a gift and return it on time. We would hate for a resident to not receive a gift. Also, if you are purchasing any clothes for residents or anything that can be labeled, please do so before wrapping it. Things can get hectic and residents get lots of items for Christmas. Please mark items with a permanent marker so that they do not get misplaced. Thanks for your generosity!



**Memorable Melody:
'Celebrate Me Home'**

Homesick during the holiday season, Kenny Loggins penned this sentimental song for his solo debut album, released in 1977, following years of success as one half of a duo with Jim Messina. The words "celebrate me home" were originally intended as a placeholder, but his producer encouraged him to keep them, even making the phrase the name of the record. The theme of celebrating with family, along with the opening line of "Home for the holidays, I believe I've missed each and every face," made the tune a modern-day seasonal staple.

Happiness Is Key

"Keep smiling, because life is a beautiful thing and there's so much to smile about." — Marilyn Monroe



MERRY
CHRISTMAS

AND HAPPY NEW YEAR