

# Stearns



*Nursing and Rehabilitation Center, LLC*

**StearnsRehabCenter.com**

3900 Stearns Ave • Granite City, IL 62040 • (618) 931-3900

### Our Leadership Team

- Terrie Weible ..... Executive Director
- Cassie Scroggins ..... Director of Nursing
- Nicolette Turcott ..... Admissions Coordinator  
Business Office Manager
- Kerri Karlas ..... Director of Rehab
- Kim Pernika ..... Memory Unit Manager
- Natasha Harris ..... Social Services
- Dontelisia Moore ..... Activity Director
- Jeanne Ziegler ..... Dietary Manager
- Monique Manning ..... Housekeeping/Laundry
- Felipe Levy ..... Maintenance Director

### September 2023



### National Jersey Day

Our Stearns team is pictured on National Jersey Day. Staff and residents were encouraged to wear their favorite team jersey. We like our sports here at Stearns!

HAPPY  
*Grandparents*  
DAY



**“Grandparents, like heroes, are as necessary to a child's growth as vitamins.”**

**Wishing Every Grandma & Grandpa a Happy Grandparents Day Sept 10th**

## Annual Sweets & Treats Sale

Our Activity Dept held their annual Sweets & Treats Sale recently and again it was a huge success. Dontelisia Moore, Activity Director, wants to say thank you to all the staff that help make this fundraiser a success year after year. All proceeds go toward the Activity Fund to bring fun and enjoyment to the residents.



## Walmart Afternoon

A group of residents spent the afternoon shopping at Walmart after enjoying a lunch trip to McDonald's. We spent money and laughed a bunch!



McDonald's Lunch



Dancing to Hound Dog



## Backyard BBQ & Karaoke

Good Food, Good Music and Dancing with Friends! What a great afternoon!



Singing Karaoke

## We Will Never Forget

Please join us in a moment of silence on Sept. 11, Patriot Day, as we honor the victims of 9/11.

# Happy Birthday



## RESIDENT BIRTHDAYS

Barbara Johnson	Sept 1
Aletha Hogan	Sept 3
Jesse Sanford	Sept 10
Emma Harwell	Sept 11
Rosa Williams	Sept 13
Shirley Bennett	Sept 17
Richard Hesse	Sept 21
Willie Tanner	Sept 21
Pamela Pepmiller	Sept 22
Reena Hayashi	Sept 29

## EMPLOYEE BIRTHDAYS

Jesus Scott	Sept 6
Jenny Cook	Sept 8
Judy Rolen	Sept 8
Phyllis Ernst	Sept 9
Henry Young Jr	Sept 10
Natalie Sipole	Sept 13
Marnita Brady	Sept 18
Kelly Yancey	Sept 18
Samara Hicks	Sept 21
Annette Teiko	Sept 24
Ashlee Pugh	Sept 26

## EMPLOYEE ANNIVERSARIES

Ashlee Pugh	14 Years
Phyllis Ernst	8 Years
Natalie Sipole	4 Years
Miriam Hoffman	2 Years
Deborah Thomas	1 Year
Shari Capela	1 Year



### Apple Nachos

The taste of a caramel apple served up nachos-style makes an easy fall snack. Place apple slices on a plate and drizzle them with warm caramel sauce. Add chopped nuts, crushed pretzels, or chocolate chips. For peanut

butter lovers, drizzle apples with melted peanut butter and top with chopped peanut butter cups.



Another favorite of the fall season is apple cider. Whether cold from the fridge or heated into mulled cider, it is delicious!



Sporting our team jersey!



## Time To Update Wardrobes

With cooler weather right around the corner, now is a good time to update your loved one's wardrobe. Please make sure that he or she has plenty of warm clothing, as well as a jacket or sweater. When doing this, please remove any out-of-season clothing. Please ensure that all items are marked with the person's name. We also ask that you make a list of items brought or taken home and give to laundry so that your loved one's inventory sheet can be updated. Thank you!



- |          |            |
|----------|------------|
| Apple    | Harvest    |
| Autumn   | Labor Day  |
| Books    | Lake       |
| Camp     | Leaves     |
| Country  | Reflection |
| Earth    | September  |
| Fall     | Tree       |
| Football | Wind       |

R	D	L	P	X	V	G	H	I	H	A	V	U	W	S
E	E	M	F	L	D	A	P	T	V	T	U	A	Z	P
B	U	F	P	A	U	L	L	S	R	Z	B	J	O	U
M	P	H	L	K	L	B	O	E	J	A	A	R	D	U
E	K	C	C	E	J	L	E	V	K	X	E	D	I	Z
T	G	W	A	N	C	J	L	R	N	R	L	O	X	K
P	Q	V	N	M	U	T	U	A	J	A	S	I	Y	J
E	E	E	S	Z	P	I	I	H	B	G	Y	B	B	W
S	D	L	F	T	U	O	W	O	Q	T	Q	O	E	L
T	A	Q	P	D	T	Y	R	T	N	U	O	C	J	F
H	J	B	W	P	A	D	S	P	V	K	Q	O	B	Z
I	Q	N	S	G	A	N	F	O	S	V	K	B	F	M
O	X	H	V	Y	Y	I	V	X	E	S	K	X	Z	E
S	N	O	J	N	M	W	Y	B	G	W	T	K	T	H